# (TSS – Team Support System (Football) Roles & Responsibilities of the First Aid Officer

Ensuring Safety and Readiness on the Field

#### Introduction

The First Aid Officer plays a vital role in maintaining the safety and well-being of all participants during games and events. This responsibility extends beyond immediate injury response and encompasses preparedness, vigilance, and proactive management of medical resources and emergency protocols.

# **Training and Certification**

- First Aid Refresher Course (Existing Personnel): All existing First Aid Officers must regularly participate in refresher courses to ensure their skills and knowledge remain up to date.
- First Aid Level 1 or 2 Course (New Personnel): Newly appointed First Aid Officers are required to complete a recognized First Aid course, at Level 1 or 2, before assuming their responsibilities.

#### **Equipment and Supplies**

- First Aid Bag/Supplies: Confirm that you have received the designated First Aid bag, equipped with necessary medical supplies. Check the bag before each event to ensure all items are present and in good condition.
- Supplies Management: Avoid leaving your First Aid bag at home or in your car. Never forget to update and restock supplies after use or as items approach expiry.

#### **Documentation and Medical Forms**

• Medical Forms Submission: Ensure all the required medical forms for participants have been submitted to you and are securely kept for reference during emergencies.

## Game Day Preparation

- Field Inspection: Before every game, walk the ground thoroughly to check for and remove any strange or hazardous objects that could cause injury.
- First Aid Stretcher: Ensure the first aid stretcher is positioned on the field and ready for immediate use in the event of an injury.
- Main Gate Access: Make certain the main gate is open and accessible, allowing an ambulance or emergency vehicle to enter the premises without delay.
- First Aid Room: If the event is a "Home" game, verify that the first aid room is open, clean, and equipped for use if needed.

### **Emergency Preparedness**

- Fire Exit Points: Be familiar with all exit points on the premises in case of a fire or other emergencies.
- Assembly Points:
- Assemble at the main car park if a fire occurs at the scout's end or if the trees at the railway end are on fire.
- Assemble at the scouts end if a fire starts at the junior/senior pavilion end.

#### General Conduct and Vigilance

- Alertness: Always remain vigilant and attentive to the field and participants.

  Prioritize safety at all times, regardless of the score or importance of the match.
- Impartial Safety Oversight: Never allow the competitive nature of a game to cloud your judgment or compromise the safety of children and participants.

### **Key Points to Avoid**

- Do not leave your First Aid bag at home or unattended in your vehicle.
- Do not forget to regularly check and replenish your First Aid supplies.

# Conclusion

The responsibilities of a First Aid Officer are critical to ensuring the health and safety of all individuals at events. Through diligent preparation, ongoing training, and unwavering focus on safety, the First Aid Officer serves as the cornerstone of emergency readiness and care on the field.